

## **Appendix Y.**

### **Background or 'Project Specifics' – Application MF080/T2**

To supply and install an outdoor Fitness Rig at Resolven RFC as a means of providing free access to exercise, health and well-being.

This bid has been developed to 'Enhance Existing Council Services' and is part of a larger initiative to develop gym facilities at the Club.

The funding will be used to provide a multi- station exercise rig to include stations for bench pressing, squatting pull – ups, push press, dips, etc. It will be galvanised and weather proof allowing free and ready access at all time to patrons of the Club and the wider community. The Unit will be installed on hard standing and give access to wheelchairs to allow those that are less able with limited mobility to take part in fitness training.

The need for this initiative has come to the attention of the local Ward Member in Resolven following consultation with over 100 existing gym users and visitors to the Club.

The scheme has no further financial implications for NPTCBC as on-going maintenance, repair and upkeep will come within an annual maintenance programme financed by the Rugby Club.

### **Recommendations**

The project is valued at £5,000 (the cost of the rig is £4,494.98 with installation costs to be added).The Applicant, Councillor Dean Lewis would wish to contribute £3,000 to this initiative from his Members Community Fund allocation. The shortfall on the project is being met from a successful grant application made to the local Ffynnon Oer Wind Farm Fund.

The project proposal is recommended for approval and financial support under the Members Community Fund.